



Instructions for Poekie Valentine's Rose and Rosette*

(Time to complete: Rose - about 30 minutes, Rosette - about 10 minutes)

Materials needed:

- Paper for your printer
- Ruler
- Scissors
- Fabric
- Marker or pen for tracing
- Pin
- Needle
- Thread
- Tooth pick for Rose

How to make it:

For an experienced Poekie maker, this is easy. After printing and cutting the pattern,^{*2} just follow the same steps as usual:

- Place the patterns on an edge on the wrong side of your fabric.^{*3}
- Trace around the patterns.
- Cut ON the lines you traced.

The Rose:

- Take the Flower strip and do a running-stitch^{*6} along the bottom edge as marked on the pattern.
- Pull your string tight and roll the flower-strip up like a cinnamon-roll, starting from the end where you started stitching.
- Do a bunch of stitches back and forth through the base of the rolled-up flower. Until it doesn't fall apart anymore. About 5 stitches should do it. Tie a knot and cut the thread.
- Take the tooth pick, cut the sharp point off, and roll the stem-fabric around it.
- Whip-stitch^{*6} it like a Poekie's tail.
- Like a Poekie's nose, stitch the stem onto the flower. A stitch in the base of the flower, a stitch in the stem. All the way around, until your flower sits securely on top of the stem.
- Whip-stitch the leaf onto the stem as marked on the pattern.

The Rosette:

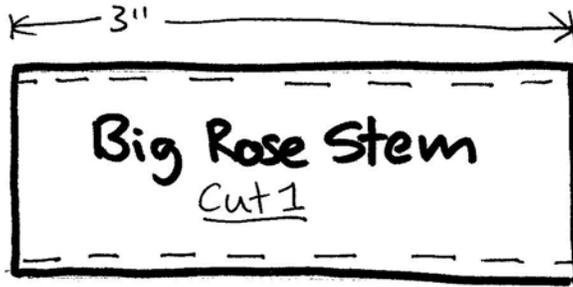
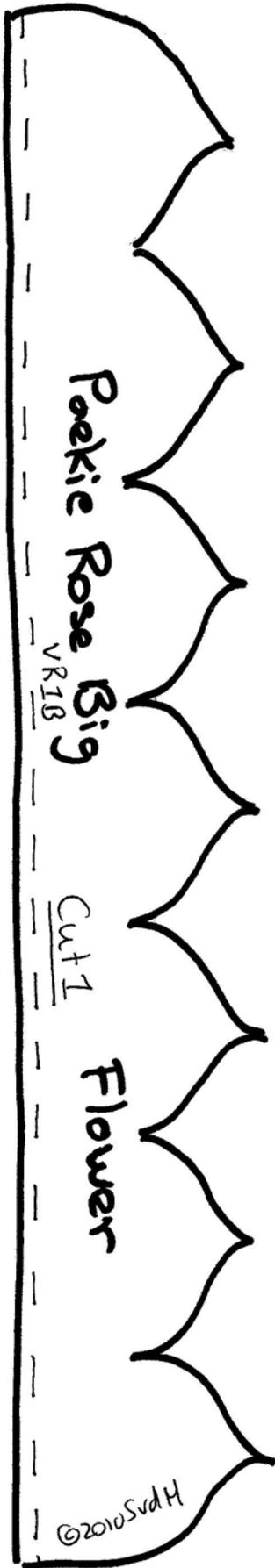
- Take the Rosette strip and do a running-stitch along the bottom edge, as marked on the pattern.
- Pull it tight and roll it up like the Rose. Stitch the base securely tight. Tie a knot and cut the thread.
- Do a running-stitch in the center of the leaf and pull tight.
- Attach the leaf with a few stitches to the base of the flower.

I can't wait to see what you've made at home and let me know if any part of these instructions is confusing!

With love from the Poekies,
sophia

* For children age 8 and up, with parental guidance.

Warning: 1. Pins and needles' mission in life is to poke, and scissors only know how to cut. You must be careful and make sure that they poke and cut only the things that you want them to! 2. None of the materials used belong in a person's mouth, so be careful when you make this while little children are around you. ©2010 Sophia van der Harst



Big
Poekie
Rose

