



Instructions for Poekie Valentine's Scented Pillow*

(Time to complete: about 20 minutes)

Materials needed:

- Paper for your printer
- Ruler
- Scissors
- Fabric
- Marker or pen for tracing
- Pin
- Needle
- Thread
- Fluff for stuffing
- Lavender

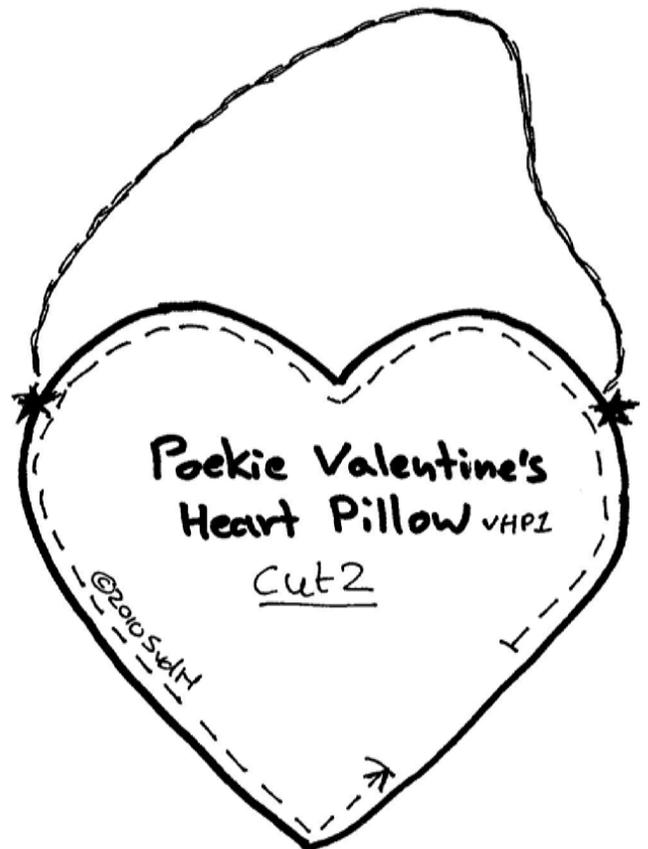
How to make it:

For an experienced Poekie maker, this is easy. After printing and cutting the pattern,^{*2} just follow the same steps as usual:

- Place the patterns on an edge on the wrong side of your fabric.^{*3}
- Trace around the pattern.
- Cut ON the lines you traced.
- Repeat the tracing and cutting until you have two hearts.^{*4}
- Lay the two hearts on top of each other with the wrong sides facing out, and stick a pin in it.
- Back-stitch^{*6} along the lines as marked on the pattern.
- Turn inside out and fill with stuffing, add some lavender.
- Whip-stitch^{*6} the hole closed. Tie a knot and cut the thread.
- Make a Rosette as explained in the Flower patterns.
- Stitch it into the middle of the heart, just like you stitch a nose to a Poekie head; a stitch in the base of the flower leaves and a stitch in the pillow, all the way around.
- You can add a string to hang it around your Poekie's neck. Sew the ends into the pillow marked with a star in the pattern. Make sure the string is long enough to fit over your Poekie's head.

- You Poekies can give their scented hearts to anyone they love.

I can't wait to see what you've made at home and let me know if any part of these instructions is confusing!
With love from the Poekies,
sophia



* For children age 8 and up, with parental guidance.

Warning: 1. Pins and needles' mission in life is to poke, and scissors only know how to cut. You must be careful and make sure that they poke and cut only the things that you want them to! 2. None of the materials used belong in a person's mouth, so be careful when you make this while little children are around you.

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