



Instructions for Poekie Surf Board and Boat*

(Time to complete: 20 minutes for surf board, one hour for boat)

Materials needed:

- Paper for your printer • Ruler • Scissors • Fabric • Marker or pen for tracing • Pin • Needle • Thread
- A stick about 7" long for the mast with a rounded tip

How to make it:

For an experienced Poekie maker, this is easy. After printing and cutting the pattern,^{*2} just follow the usual steps.

Surf Board:

Place the pattern on an edge on the wrong side of your fabric.^{*3}

- Trace around the pattern. ^{*4}
- Cut ON the lines you traced.
- Repeat the tracing and cutting until you have two pieces out of fabric and one out of cardboard.
- Place the two pieces of fabric on top of each other, with right sides of fabric out.
- Thread a needle and, starting at the short back-end, whip-stitch^{*6} three-quarter way around the edges.
- Insert the cardboard in between the two layers before you are all the way around. If needed you can trim the cardboard a little smaller
- Finish whip-stitching the fabric together until you arrive at the beginning.
- Tie a knot and cut your thread.
- Your surf board is done.
- However, due to the cardboard I suggest you don't get it really wet!

Boat:

- Trace and cut all the patterns as instructed, on the wrong side of the fabric.^{*3 *4}
- Place two hull-pieces on top of each other, with right sides of fabric out.
- Thread a needle and whip-stitch^{*6} around all the edges (BIG stitches are fine!).
- Repeat with the other two hull-pieces.
- When finished, place the two stitched-up hull-pieces together and whip-stitch the curved edge only. (So don't stitch the straight edge, 'cause that's the top of your boat.)
- Tie a knot and cut your thread.
- Place the two shelf-pieces in top of each other, right sides of fabric facing out.
- Do a running-stitch^{*6} along one of the long edges, as marked with the striped line on the pattern.
- When you get to the end, place the short side on the top-seam of the hull. The exact place is marked on the pattern.
- Whip-stitch the short end of the shelf onto the edge of the hull (marked on the pattern with the dotted line).
- When attached, continue with a running-stitch along the other long side of the shelf.
- When you get to the end, attach the short end of the shelf with a whip-stitch like before.
- Tie a knot and cut your thread.
- Fold the mast-piece in half, as marked on the pattern.
- Wrap the doubled piece of fabric tightly around the stick for the mast.
- Whip-stitch the edges together as marked on the pattern. Make sure it is really tight around the mast.
- Take the stick out and place the mast piece in the bottom of the boat, under the shelf.
- Stitch the mast piece onto the hull bottom just like you sew a Poekie's head to his or her body; a stitch in

the hull, a stitch in the mast-piece, a stitch in the hull, etc.. All around the mast-piece until it is tight and secure.

- Tie a knot and cut the thread.
- Take the sail and snip four tiny holes in the shortest side, as marked on the pattern.
- Thread a needle and stitch the bottom corners of the sail to the corners of the shelf and hull, as marked on the patterns with the stars.
- Tie a knot and cut your thread.
- Ask your mom or your dad to cut a teeny hole in the middle of the shelf, through both layers of fabric, as marked on the pattern.
- Insert the mast through the hole of the shelf and into the mast-piece.
- Cut a thin strip of fabric and weave it through the holes at the top of the sail.
- Raise your Poekie's sail and tie the strip of fabric around the top of the mast.
- Get your Poekie ready to go sailing!

P.S. Your Poekie will float, but his or her boat won't!

I can't wait to see what you've made at home and let me know if any part of these instructions is confusing!

With love from the Poekies,
sophia

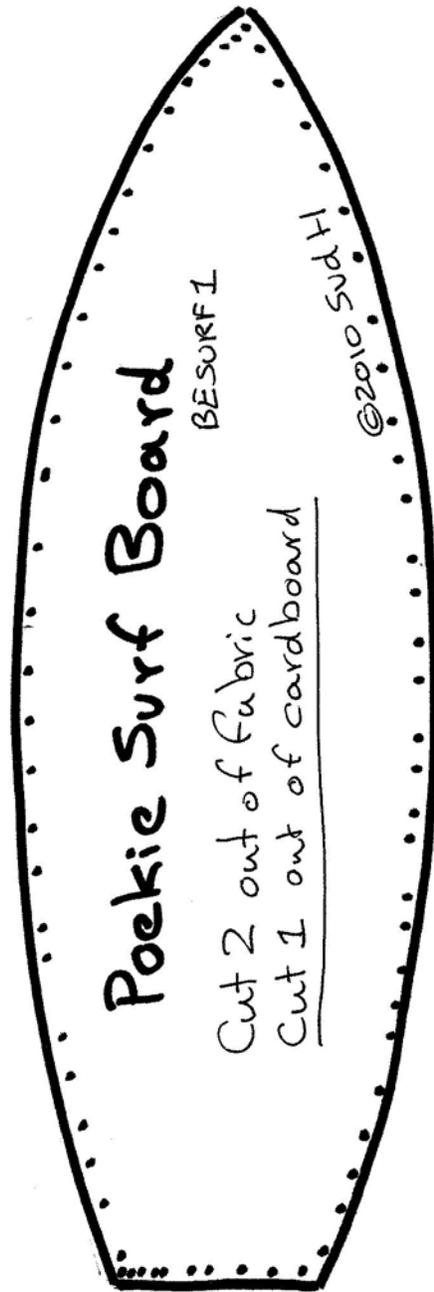
* For children age 8 and up, with parental guidance.

Warning: 1. Pins and needles' mission in life is to poke, and scissors only know how to cut. You must be careful and make sure that they poke and cut only the things that you want them to! 2. None of the materials used belong in a person's mouth, so be careful when you make this while little children are around you.

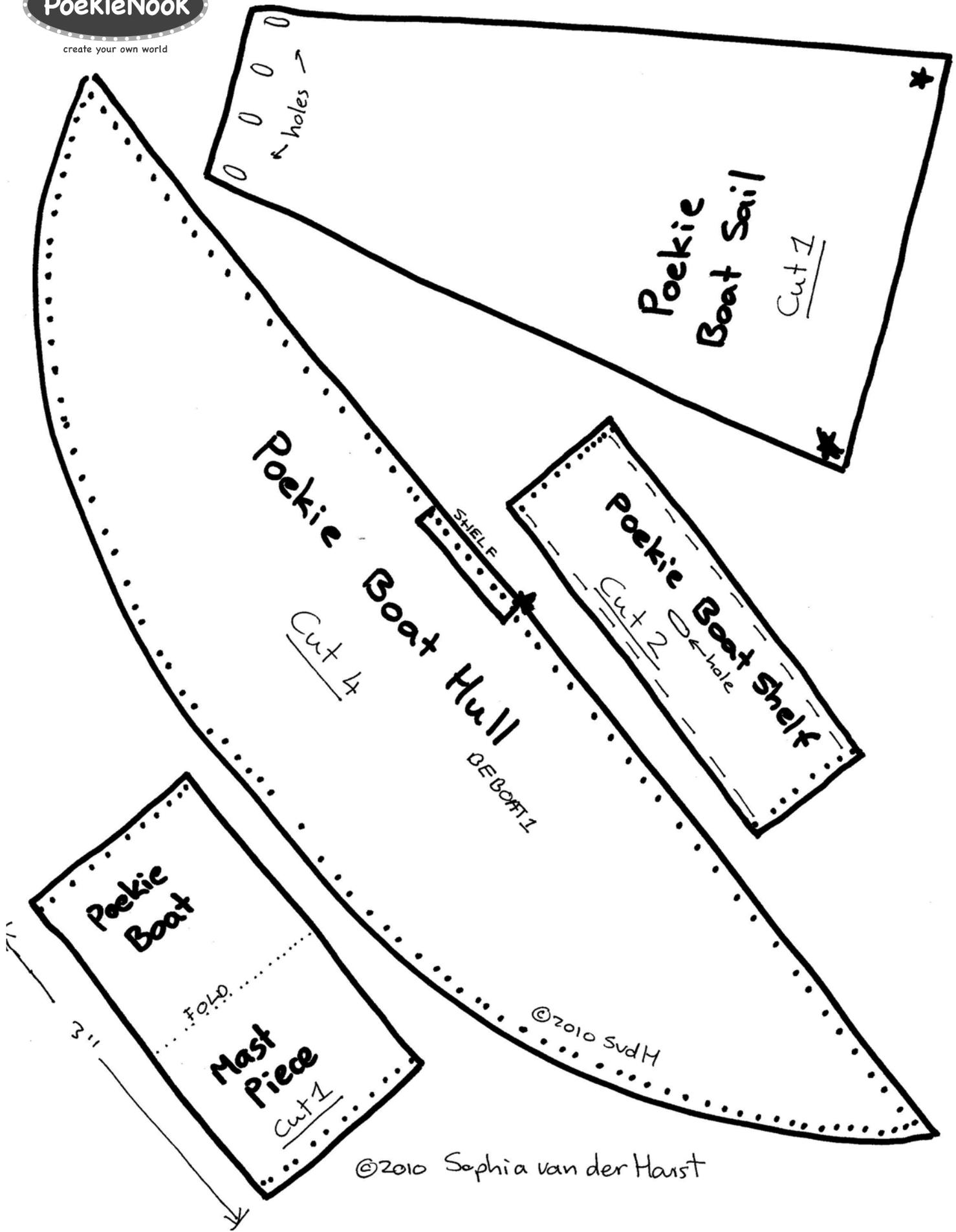
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