



Instructions for Poekie Palm Tree and Beach Umbrella*

(Time to complete: tree about 45 minutes, umbrella about 30 minutes)

Materials needed:

- Paper for your printer • Ruler • Scissors • Fabric • Marker or pen for tracing • Pin • Needle • Thread
- Fluff and pellets, rice or split-peas for stuffing • One thin stick for each about 7-8" long • Elmers glue and a small piece of cardboard • 4 small rubberbands

How to make it:

For an experienced Poekie maker, this is easy. After printing and cutting the pattern,^{*2} just follow the usual steps.

Palm Tree:

- Place the leaf-pattern on an edge on the wrong side of your fabric.^{*3}
- Trace around the pattern and repeat it so you end up with a long strip with 8 leaves.^{*4}
- Cut ON the lines you traced.
- Trace and cut the base pattern, and then cut a long strip for the trunk, about 1" wide and 12" long.
- Put a line of glue from bottom to top on the stick.
- Place the short end of the long trunk-strip at the bottom of the stick and wrap it around spiraling to the top.
- Cut any left over strip off.
- Thread a needle^{*5*7} and running-stitch^{*6} close to the edge around the base-circle, as marked on the pattern with the striped line.
- Take off the needle and put ONE table spoon of pellets in the center of the circle, add a bit of fluff on top.
- Pull your thread tight so the circle closes up and turns into a ball.
- Stick the tree-trunk into the hole of the ball-base and thread your needle again.
- Pull your thread really tight and do two stitches in place so the hole doesn't open up again.
- Now stitch back and forth around the tree-trunk, going through the edge of the base and the fabric of the trunk, until it stays nice and tight and you can't pull the trunk out of the base anymore.
- Cut the leaves into frilly things, as marked on the pattern with the stripe/dot lines.
- Thread a needle and do a running-stitch along the edge of the leaves, as marked on the pattern with the striped line.
- Pull your thread really tight so that it crunches up.
- Hold your tree-trunk upside down and wrap the leaves around the tip of the trunk.
- Pull the thread really tight again and do a bunch of stitches through and around the leaves and the fabric of the tree-trunk. Once it's all nicely attached, turn your tree right side up again.
- Lastly, while squeezing all the leaves up, stitch back and forth a few times ABOVE the tree trunk, so that the leaves stay up a little bit more
- Tie a knot, cut the thread and your palm tree is done!

Beach Umbrella:

- Trace and cut the base and roof patterns out of fabric.
- Trace and cut the card pattern out of cardboard.
- Take one of the small rubberbands and wrap it VERY tightly around the stick, about 1" from the bottom.
- Thread a needle and do a running-stitch along the edge of the base as marked on the pattern.
- Stuff the base just like the Palm Tree base.
- Insert the stick with the rubberband at the bottom. The rubberband should be inside the base.

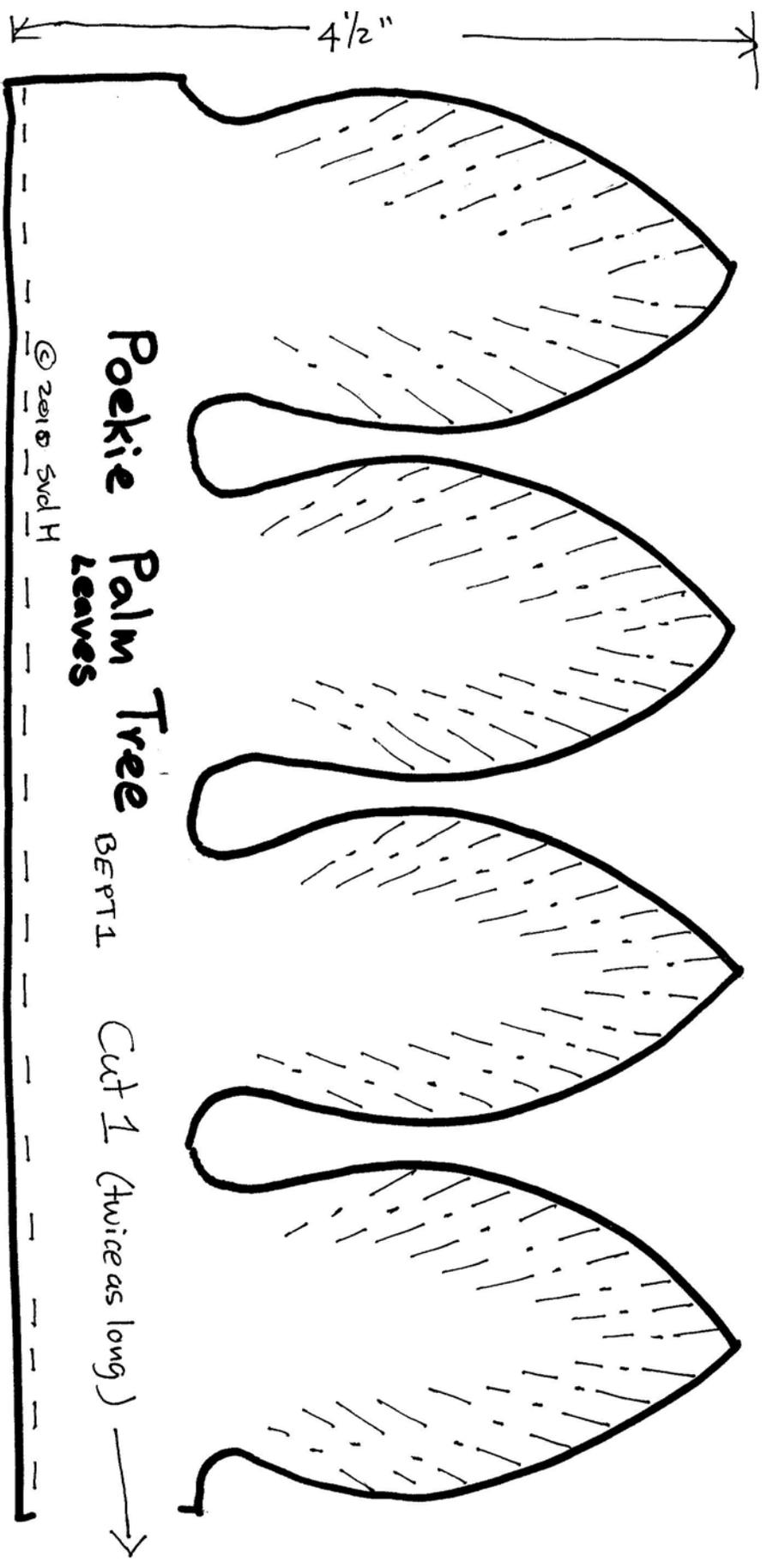
- Pulling your thread really tight, stitch the hole of the base closed around the stick. So much that the stick can't come out anymore.
- Tie a knot and cut the thread.
- Fold the roof-circle with the right side of the fabric inside (wrong side out), and back-stitch*⁶ along the striped line as marked on the pattern.
- Tie a knot and cut the thread.
- Snip a teeny hole in the middle of the roof-circle (as marked on the pattern), and poke a similar hole in the center of the cardboard-circle.
- Wrap a rubberband tightly around the top of the stick and slide it down about 1 1/2 inch.
- ^a Carefully push the top of the stick through the small hole in the cardboard.
- Slide the card down to the rubberband.
- Wrap another rubberband around the top of the stick and slide it down to the cardboard. This way the cardboard won't flop so much.
- Wrap the last rubberband around the top of the stick and push it down about 1/4 inch.
- Place the roof on top of the stick and add a dab of glue to secure it.
- You can roll the rubberbands up and down to make the roof lay nice and evenly.
- Your Beach Umbrella is done!

I can't wait to see what you've made at home and let me know if any part of these instructions is confusing!
 With love from the Poekies,
 sophia

* For children age 8 and up, with parental guidance.

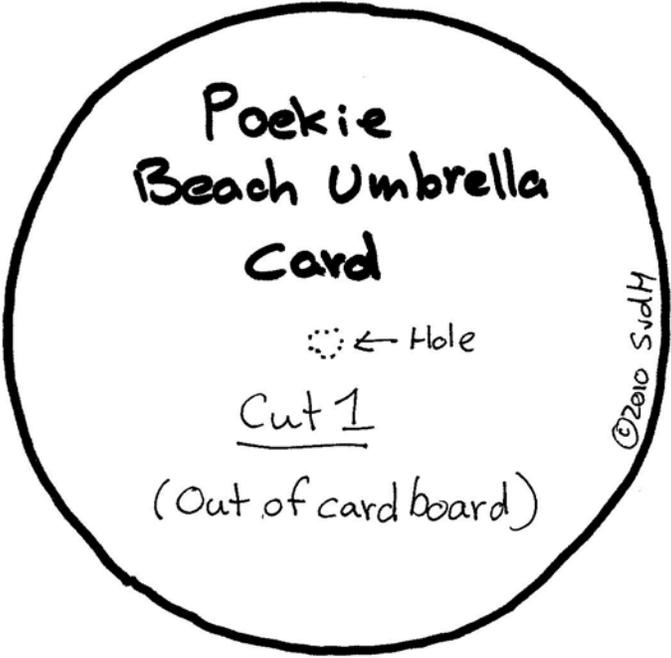
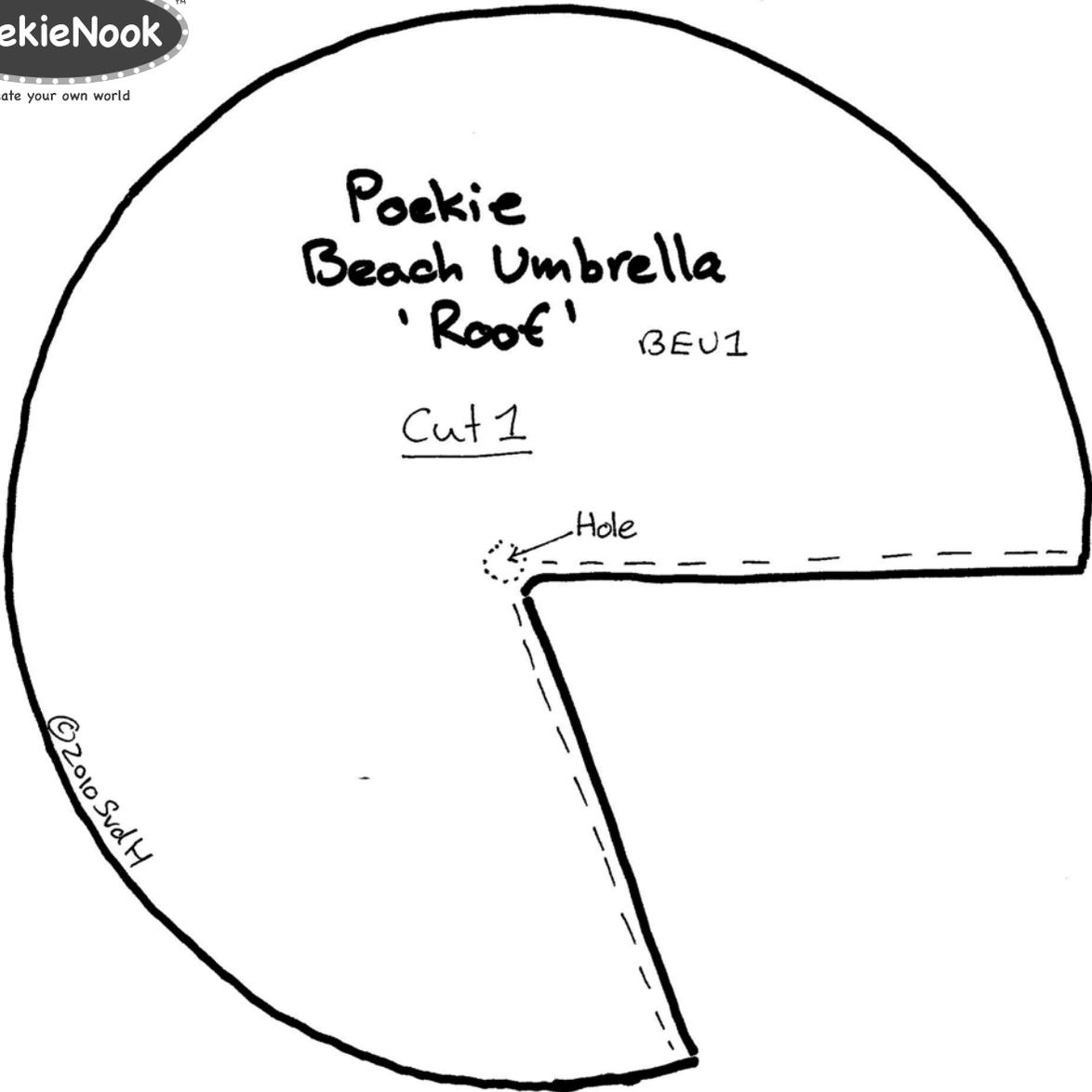
Warning: 1. Pins and needles' mission in life is to poke, and scissors only know how to cut. You must be careful and make sure that they poke and cut only the things that you want them to! 2. None of the materials used belong in a person's mouth, so be careful when you make this while little children are around you.

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NOTE: When cutting out of fabric, repeat the pattern, so you have one long strip with 8 leaves.

ALSO: Cut 1 strip for tree trunk, 1" wide and 12" long



↑
3 1/4"
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