



## Instructions for Easy Poekie overalls\*

(Time to complete: about 45 minutes)

### Materials needed:

• Paper for your printer • Ruler • Scissors • Fabric • Marker or pen for tracing • Pin • Needle • Thread • Two Buttons

### How to make it:

For an experienced Poekie maker, this is easy. After printing and cutting the pattern,<sup>\*2</sup> just follow the same steps as usual:

- Place the Overalls pattern on an edge on the wrong side of your fabric,<sup>\*3</sup> following the arrow for the stretchy direction.<sup>\*4</sup>
- Trace around the pattern.
- Cut ON the lines you traced.
- Repeat the tracing and cutting so that you have two pieces of cut-out fabric.
- Place, trace and cut the Strap pattern twice.
- Put the two Overall pieces exactly on top of each other with the right sides together (pen-marks on the outside), and stick a pin in it. You can put just one pin in the middle of the fabric and leave it there as you sew the different seams, or, if you like, you can pin it like we do it at the Planet and always sew 'to the ball of the pin.'
- Get a needle and thread<sup>\*5</sup> and tie a knot at the end.<sup>\*7</sup>
- Sew back-stitch<sup>\*6</sup> along one of the dotted lines as marked on the pattern.
- Tie a knot when you get to the end of the line.
- Cut the thread and sew all the other seams that are marked with the dotted lines in the same way.
- Turn your Poekie's overalls inside out and fit them on him or her. If they look right and your Poekie doesn't have a tail, skip the next step.
- If your Poekie has a tail, you must cut a tail hole. While he or she has the clothes on, find the bump where the tail is attached to the body, and mark the spot with a marker. Take the dress or pants off and carefully cut a tiny hole. Really make it tiny because the fabric will stretch around the tail. The pants are difficult to fit without a tail hole and they will fall off if there isn't one. Cut the hole lower than where you think it should be, otherwise his bottom will show and that's not very attractive.
- Take the overalls off your Poekie.
- Back-stitch both straps onto the back, inside, of the overalls (in the spot of the buttons drawn on the pattern).
- Put the overalls on your Poekie, making sure that they fit just the way you want them to.
- Lay the straps over the shoulders to the front, if they're too long, cut them shorter. They should overlap the overalls a little bit.
- Take the overalls off your Poekie again.
- Backstitch each strap-end to the outside of the overalls.
- Sew two buttons<sup>\*8</sup> right on the backstitches on top of the straps in front. This way it looks like the straps are buttoned, but they really are sewn onto the overalls.
- Finally, take your Poekie out in the world to show off his or her new clothes.

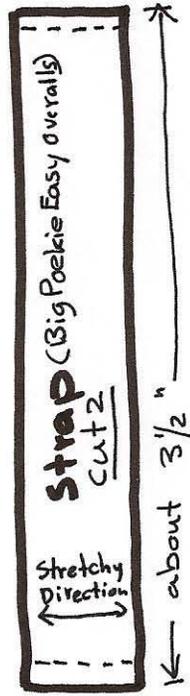
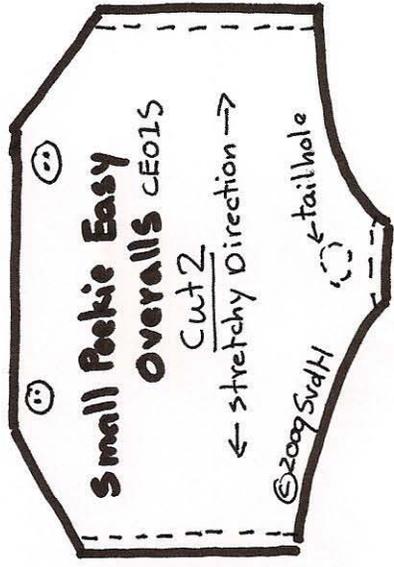
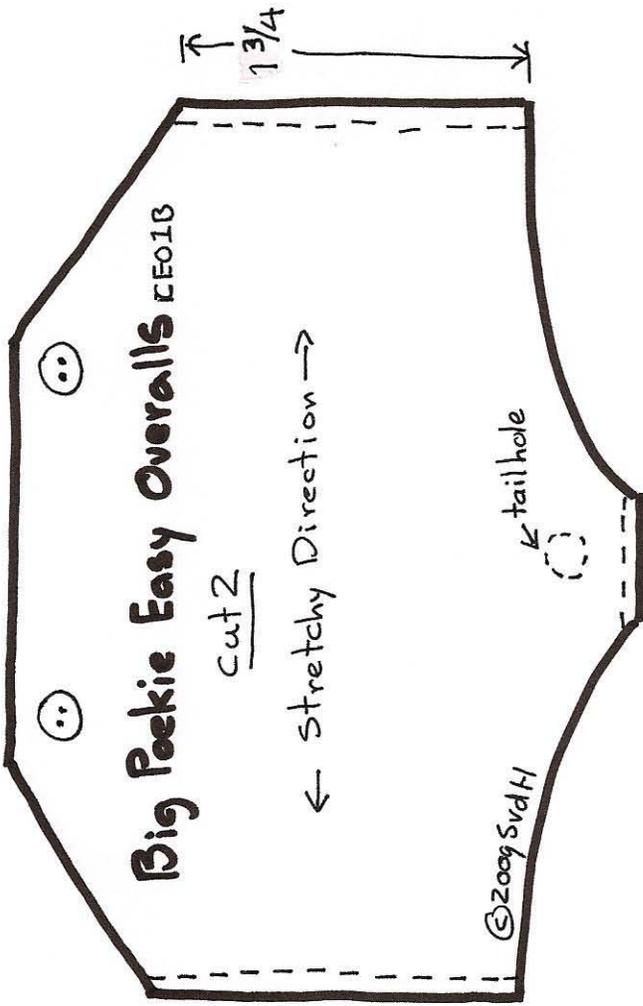
I can't wait to see what you've made at home and let me know if any part of these instructions is confusing!

With love from the Poekies,  
sophia

\* For children age 8 and up, with parental guidance.

Warning: 1. Pins and needles' mission in life is to poke, and scissors only know how to cut. You must be careful and make sure that they poke and cut only the things that you want them to! 2. None of the materials used belong in a person's mouth, so be careful when you make this while little children are around you.

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